

Our analysis of public data

Overall ratings for each of the three major care settings are below average in the Midlands and East of England

Table showing percentages of services in each NHS region with an overall rating of good or outstanding on 8 March 2023. Figures do not include trust-level ratings.

NHS region	Care homes	NHS acute hospitals	GPs
East of England	79%	33%	93%
London	85%	45%	94%
Midlands	76%	45%	95%
North East and Yorkshire	82%	57%	97%
North West	79%	66%	96%
England	81%	57%	95%

NHS region	Care homes	NHS acute hospitals	GPs
South East	83%	76%	94%
South West	87%	69%	96%
England	81%	57%	95%

The Midlands has the lowest proportion of care homes rated Good or Outstanding in the country and the second lowest overall GP ratings.

Overall ratings for care homes, NHS acute hospitals and GP practices were all above the England average in the South West.

There is significant regional variation in ambulance handover times

Over a quarter of people had to wait more than 60 minutes for an ambulance handover in the South West in January 2023, compared to only 2% in the South East.

Table showing percentage of ambulance handovers that were delayed by over an hour in each NHS region. Source: [NHS England urgent and emergency care data](#).

NHS region	Percentage
South West	26.2%
East of England	18.6%
Midlands	11.2%
London	8.6%
North East and Yorkshire	7.7%
North West	7.6%
South East	2.1%
England	10.4%

- Although the South West has some of the highest ratings in the country, in January 2023 they had the highest proportion of ambulances waiting for over an hour to handover patients at hospitals.
- The East of England had some of the lowest ratings for acute hospitals, and the second worst performance for ambulance handovers delayed over an hour.
- Does it mean that people who use these services have a greater risk of experiencing poor outcomes?

- Of the 5 trusts with highest proportion of ambulance handovers over 60 minutes, 4 were in the South West.

The London region had some of the lowest conversion of A&E attendances to emergency admissions in the country

Table showing highest five integrated care board areas for the proportion of A&E attendances that became emergency admissions in January 2023. Source: NHS England emergency admissions data.

Region	Integrated care board	Percentage
East of England	NHS Mid and South Essex	30%
South West	NHS Dorset	27%
South East	NHS Buckinghamshire, Oxfordshire and Berkshire West	26%
South West	NHS Bristol, North Somerset and South Gloucestershire	26%
North East and Yorkshire	NHS South Yorkshire	24%
England median		20%

Table showing lowest five integrated care board areas for the proportion of A&E attendances that became emergency admissions in January 2023. Source: NHS England emergency admissions data.

Region	Integrated care board	Percentage
London	NHS South East London	14%
Midlands	NHS Derby and Derbyshire	14%
London	NHS North East London	14%
South West	NHS Cornwall and The Isles of Scilly	14%
London	NHS North Central London	11%
England median		20%

In the East of England, the NHS Mid and South Essex Integrated Care Board admitted 30% of all the patients who arrived at hospital via A&E in January. High proportions of these 'conversions' might be because of relatively high severity of illness or injury, or possibly a lack of alternative interventions.

Of those admitted to hospital from A&E, the time taken varied hugely from the decision to admit them to the moment they secured a bed

Table showing lowest five integrated care board areas for the proportion of waits longer than 12 hours from decision to admit (DTA) to admission in January 2023. Source: NHS England emergency admissions data.

Region	Integrated care board	Percentage
East of England	NHS Mid and South Essex	0%
East of England	NHS Bedfordshire, Luton and Milton Keynes	1%
South East	NHS Hampshire and Isle of Wight	1%
South East	NHS Frimley	2%
Midlands	NHS Coventry and Warwickshire	2%
England median		12%

Table showing highest five integrated care board areas for the proportion of waits longer than 12 hours from decision to admit (DTA) to admission in January 2023. Source: NHS England emergency admissions data.

Region	Integrated care board	Percentage
East of England	NHS Norfolk and Waveney	25%
London	NHS South West London	27%
England median		12%

Region	Integrated care board	Percentage
London	NHS North Central London	28%
South West	NHS Gloucestershire	29%
South West	NHS Cornwall and the Isles of Scilly	34%
England median		12%

Residential and nursing adult social care capacity remains relatively steady across England

Regional variation since April 2022 may have affected local discharge pathways.

Table showing the percentage change in the number of beds since April 2022. Source: CQC register of services.

NHS region	Overall beds	Nursing beds	Residential beds
East of England	-3.6%	-5.3%	-2.3%
South West	-0.9%	-2.6%	0.6%
England	0.0%	-0.8%	0.8%

NHS region	Overall beds	Nursing beds	Residential beds
South East	-0.6%	-0.1%	-1.2%
North West	-0.5%	-1.1%	0.2%
North East and Yorkshire	0.0%	-3.8%	3.2%
London	1.2%	2.5%	-0.6%
Midlands	3.3%	3.0%	3.5%
England	0.0%	-0.8%	0.8%

Since April 2022, the number of registered home care agencies has risen across the country

Table showing percentage change in the number of domiciliary care agencies since April 2022. Source: CQC register of services.

NHS region	April 2022	January 2023	Percentage change
East of England	1,538	1,573	2.3%
England	11,275	11,824	4.9%

NHS region	April 2022	January 2023	Percentage change
South West	1,055	1,090	3.3%
North West	1,200	1,244	3.7%
South East	1,796	1,895	5.5%
Midlands	2,373	2,509	5.7%
London	1,870	1,978	5.8%
North East and Yorkshire	1,443	1,535	6.4%
England	11,275	11,824	4.9%

London, the South East and the Midlands had a greater than average increase in hospital patients who no longer met the criteria to stay in hospital occupying beds overnight

Table showing mean daily patients waiting for discharge for each NHS region. Source: NHS England discharge data.

NHS region	April to August 2022	September 2022 to January 2023	Percentage change
London	1,098	1,399	27%
South East	1,830	2,127	16%
Midlands	2,023	2,207	9%
North West	2,216	2,342	6%
South West	1,940	2,025	4%
East of England	1,191	1,226	3%
North East and Yorkshire	2,244	2,244	0%
England	12,543	13,571	8%

The London region had the greatest proportion of reattendances to A&E within 7 days

Table showing percentage of people reattending A&E within 7 days in each NHS region in December 2022.

NHS region	Reattendance percentage
London	9.3%
North East and Yorkshire	8.9%
North West	8.6%
South East	8.6%
East of England	7.8%
South West	7.8%
Midlands	7.6%
England	8.4%

The proportion of A&E attendances which were attendances within 7 days of a previous admission varied between regions, with London having the highest rate. This was reflected in 2 of the 5 ICBs with the highest rates of reattendances being from the London region.

Table showing ICBs with the highest rates of A&E reattendance within 7 days in December 2022.

NHS region	Integrated care board	A&E reattendance within 7 days
London	North Central London	11.3%
North East and Yorkshire	North East and North Cumbria	10.0%
South East	Kent and Medway	9.9%
London	North East London	9.9%
Midlands	Staffordshire and Stoke-on-Trent	9.4%
England		8.4%

Table showing ICBs with the lowest rates of A&E reattendance within 7 days in December 2022.

NHS region	Integrated care board	A&E reattendance within 7 days
Midlands	Birmingham and Solihull	6.6%
England		8.4%

NHS region	Integrated care board	A&E reattendance within 7 days
South West	Bath and North East Somerset, Swindon and Wiltshire	6.5%
East of England	Norfolk and Waveney	6.4%
Midlands	Derby and Derbyshire	6.2%
Midlands	Shropshire, Telford and Wrekin	6.1%
England		8.4%