



A report on what we found about mental health services for children and young people



Easy read version of: 'Are we listening? Review of children and young people's mental health services'
March 2018

About CQC



The Care Quality Commission (CQC) wrote this report.

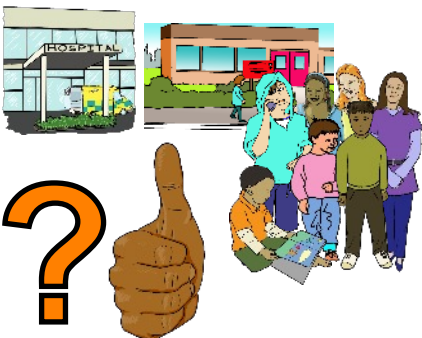
We check services like:

- care homes
- care in people's homes
- hospitals
- doctors' surgeries.



We make sure they are giving good health and social care to people.

About this report



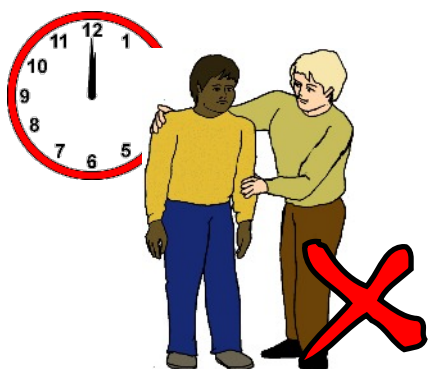
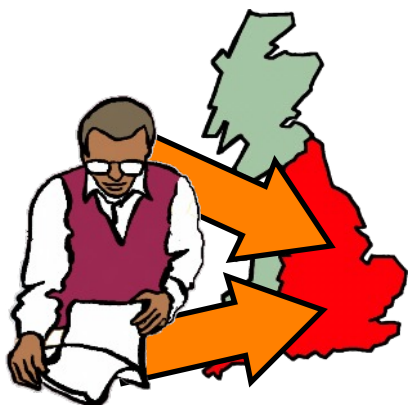
In 2017, the Prime Minister made plans to help mental health support get better. She asked CQC to look at how good mental health services for children and young people are.

Part one of our report about this came out in October 2017.

It found that:

- mental health care services are very complicated and do not work well together.
- a lot of children, young people, their families and carers find it hard to get the right care for a mental health problem at the right time.
- there are differences in how good care services are for children and young people.

What we found out in Part two of our report



We:

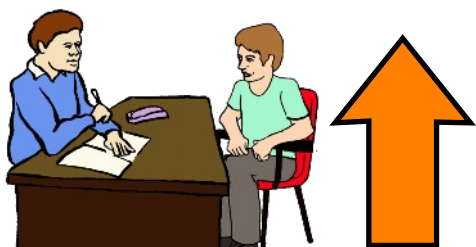
- collected information from 10 areas in England
- looked at local policies and plans
- spoke with more than 1,300 people
- checked how children and young people use different services as they get older or their needs change.

We found that:

- There are lots of reasons why children and young people cannot always get the right support at the right time.



- These include services, like schools and special mental health services, being under a lot of pressure because there are not enough staff.



- However, there are many hardworking people who support children and young people's mental health.



- They are thinking of new ways to solve problems so that people can get good person-centred care and support.



We think that:

- Sharing good ways of care gives local groups and services the chance to get better and work well together.



- Local services can only work at their best to support young people if they work better together.

Next steps



- For children and young people to always get good mental health support when they need it, the government and national groups have to work together to support local services.



- CQC will work with national groups to work out how to do this.



- CQC will report on how national bodies and local services act on our findings and our suggestions in this report.

How to contact CQC



If you would like this report in another format or language, or you would like to tell us something, you can contact us at:

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